



myBJJ

NEW ZEALAND



JIU-JITSU TEAM

Weight Divisions

IBJJF Regulation Weight Divisions for Gi and No-Gi

Weight Division	MEN		WOMEN	
	Gi	No-Gi	Gi	No-Gi
Rooster	U 57.5	U 55.5	n/a	
Light Feather	U 64.0	U 61.5	U 53.5	U 51.5
Feather	U 70.0	U 67.5	U 58.5	U 56.5
Light	U 76.0	U 73.5	U 64.0	U 61.5
Middle	U 82.3	U 79.5	U 69.0	U 66.5
Medium Heavy	U 88.3	U 85.5	U 74.0	U 71.5
Heavy	U 94.3	U 91.5	74.0+	71.5+
Super Heavy	U 100.5	U 97.5	n/a	
Ultra Heavy	100.5+	97.5+	n/a	

Key: U = 'Under' + = 'and over' All weights are in kilograms.